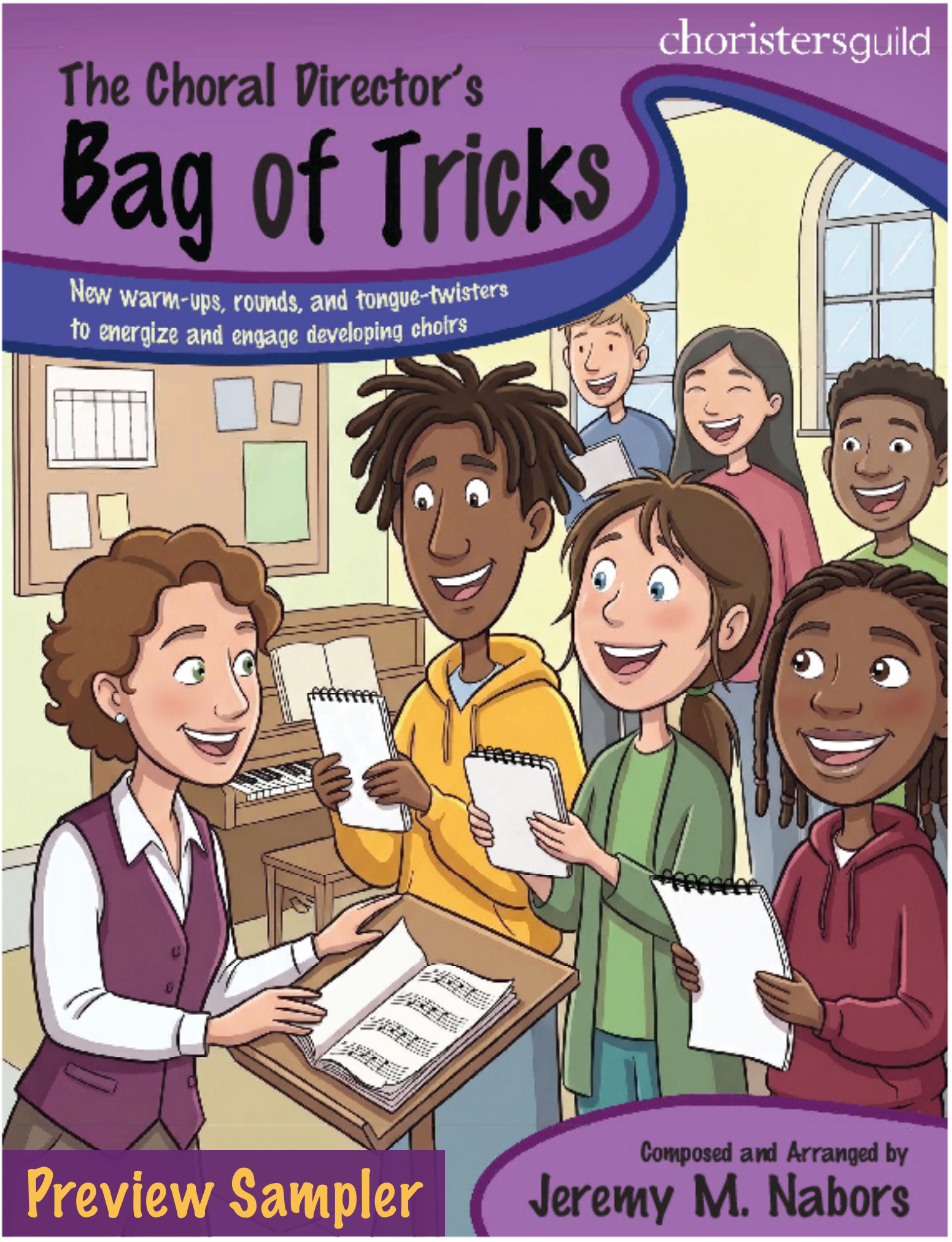
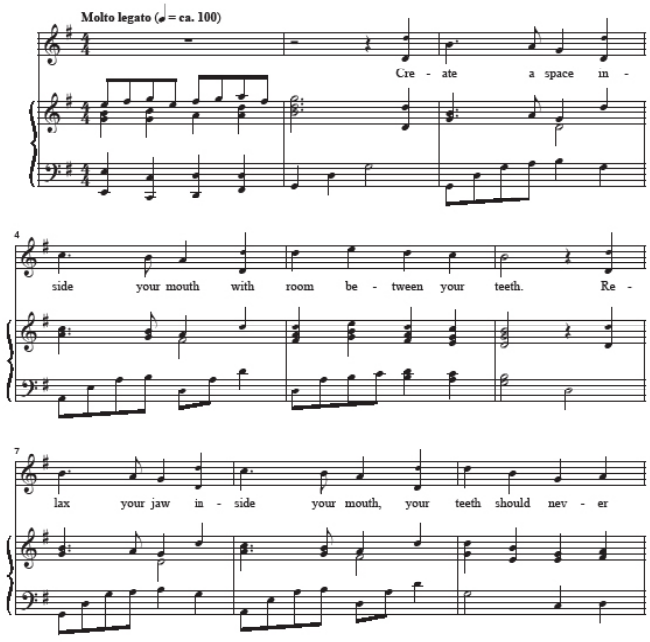

choristersguild
The Choral Director's
Bag of Tricks
New warm-ups, rounds, and tongue-twisters
to energize and engage developing choirs
Preview Sampler
Composed and Arranged by
Jeremy M. Nabors

DIRECTOR'S EDITION

Vocal line & accompaniment in various keys

Create a Space

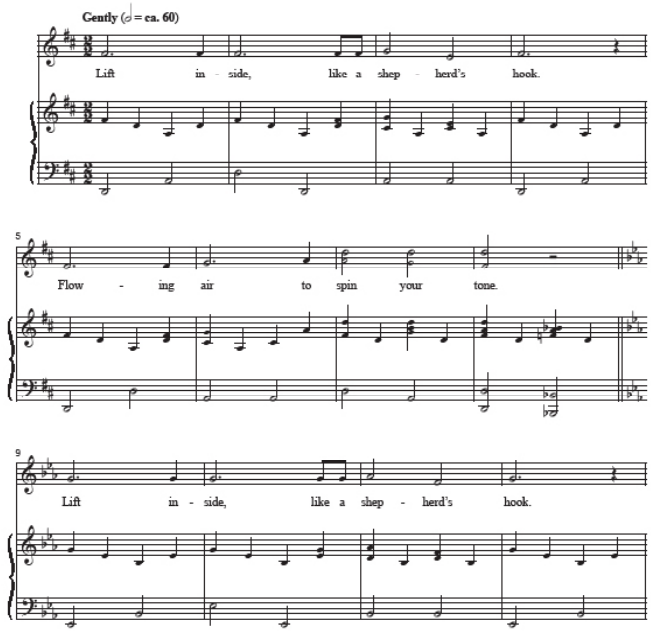
Teach the singers about their soft palate! The image of a candy cane standing vertically inside their mouth can help a singer envision raising their soft palate as they breathe. Ask the singers to sniff an imaginary rose through their nose so they can feel the cool air hit their soft palate. Remind them to feel their "candy cane breath" each time they breathe.



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Lift Inside

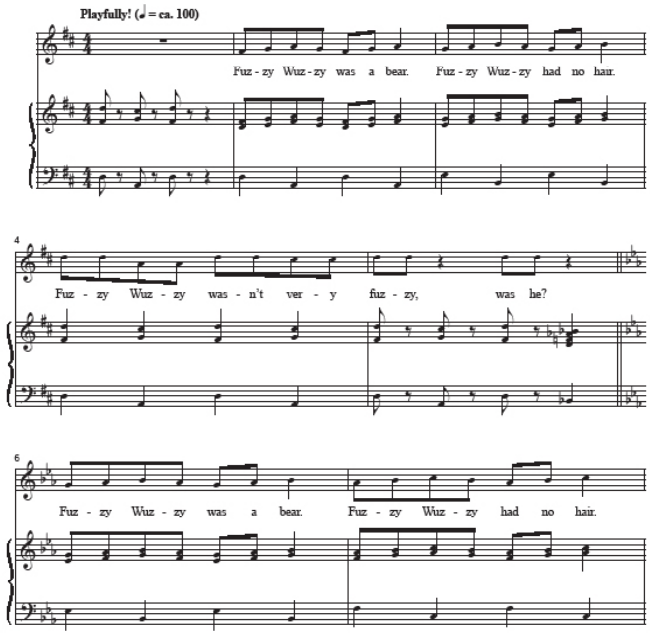
Remind the singers about their soft palate. The image of a shepherd's hook can help a singer envision raising their soft palate as they breathe. Tension in a singer's jaw is detrimental to air flow. This is also a great exercise for developing two-part harmony skills. The limited range and optional harmony make it a great option for changing voices.



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Fuzzy Wuzzy

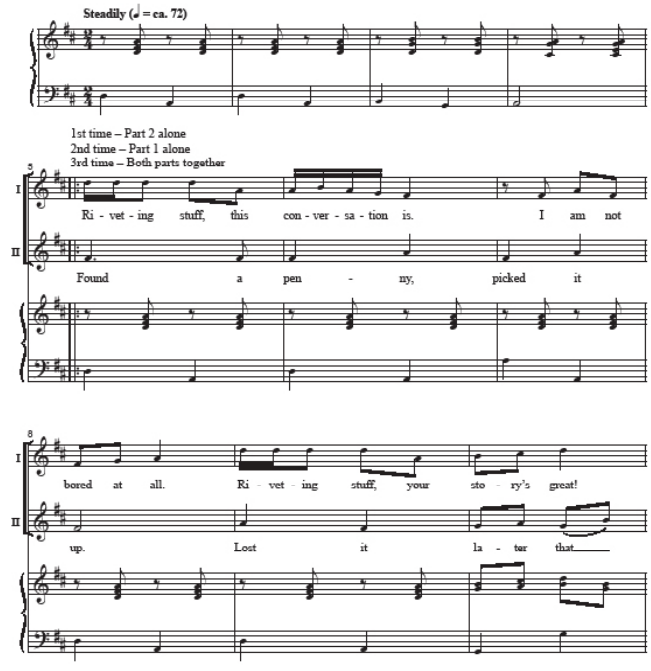
This timeless tongue twister is a great introduction to swung eighth notes. Practice internalization of pulse and steady beat by adding extra beats of rest to the last measure. Have the choir count the extra beats silently until they sing the last "was he" together. The limited range makes this a great exercise for changing voices.



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Found a Penny – Riveting Stuff

This partner song has a limited range and is ideal for the changing voice. Let the students really bring some "attitude" while the two parts tease each other. Overacting is encouraged as long as it doesn't hinder the sound. Singers should be encouraged to turn to each other as they sing and really act out their part!



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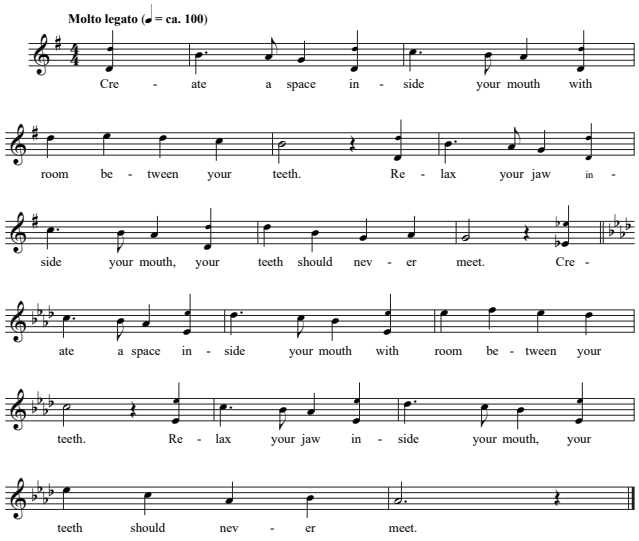
SINGER'S EDITION

Vocal line for unison or octave singing (includes partner melodies on select warmups)

4

Create a Space

Teach the singers about their soft palate! The image of a candy cane standing vertically inside their mouth can help a singer envision raising their soft palate as they breathe. Ask the singers to sniff an imaginary rose through their nose so they can feel the cool air hit their soft palate. Remind them to feel their "candy cane breath" each time they breathe.

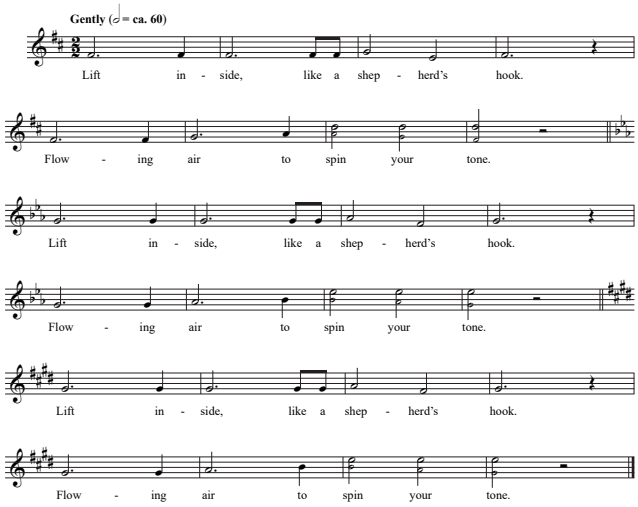


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Lift Inside

Remind the singers about their soft palate. The image of a shepherd's hook can help a singer envision raising their soft palate as they breathe. Tension in a singer's jaw is detrimental to air flow. This is also a great exercise for developing two-part harmony skills. The limited range and optional harmony make it a great option for changing voices.

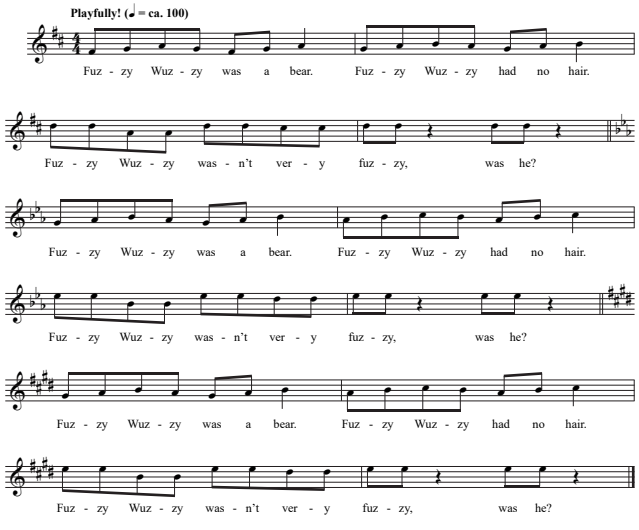


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10

Fuzzy Wuzzy

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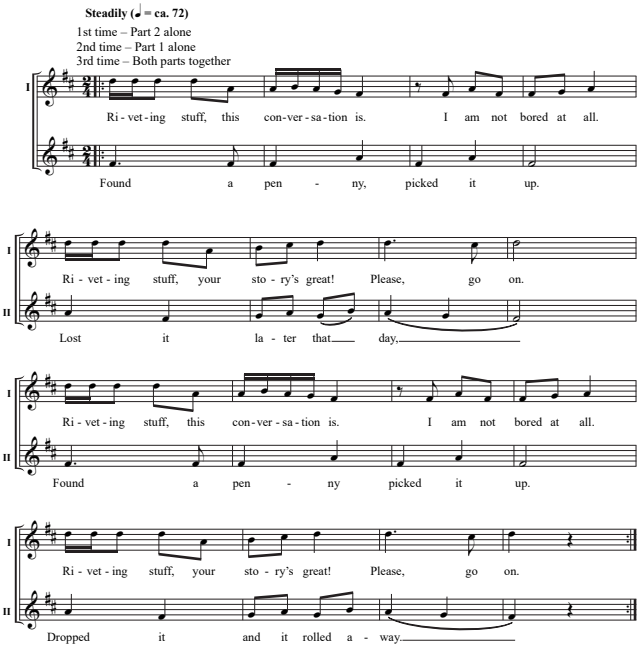


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Found a Penny – Riveting Stuff

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COMPOSER'S NOTE

This adventure started as a quick project to fill out a few missing spots in my warm-ups throughout the year. I needed a few more rounds and warm-ups that my changing voices could sing early in the year, and a few more tunes for my 6th graders to use towards the end of the year. It exploded into this, hopefully, helpful resource for beginning choirs. Learning to sing is different from learning An instrument. It can often be frustrating or mystifying for a singer because there is no button to push or a visual part of the vocal track to look at. Singers have to learn how their instrument works without being able to see some of the most important parts. While there is no substitute for being able to describe to a singer what they need to do inside their body to create a free sound, many singers are helped by imagery to explore concepts like placement, the mask, support, and other vocaltechnique descriptions. While these warm-ups have been extremely helpful for my changing voices and my beginning 6th graders, they have also ben effective with my high school students.

-Jeremy M. Nabors

The Choral Director's Bag of Tricks

The magic of a great choir isn't just in the performance - it's in the preparation. **The Choral Director's Bag of Tricks** is the essential resource for choral directors who want to bring fresh energy, intentionality, and artistry to every rehearsal.

Compiled and arranged by Jeremy Nabors, this comprehensive collection brings together original warm-ups, time-tested favorites, and carefully selected rounds - all chosen and crafted with the developing voice in mind. Whether you're working with young singers finding their sound or building ensemble blend in a community choir, you'll find tools here that meet your singers where they are and take them further than they thought possible.

No more scrambling for new material or falling back on the same exercises. With **The Choral Director's Bag of Tricks**, you'll walk into every rehearsal prepared, inspired, and ready to unlock the best in your choir - one warm-up at a time.

CGE710 Director's Edition.....$34.95

A downloadable **Singer's Edition** is included with this purchase.

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